

## CLINICAL PSYCHOLOGY RESIDENCY PROGRAM



We are offering two clinical psychology resident positions in the 2026-2027 Academic Year. CMBH is located in mid-town Toronto and provides in-person/virtual psychological services. We focus on Dialectical Behavior Therapy (DBT) and Emotion-Focused Therapy (EFT) as well as other compassion and mindfulness-based therapies. Our Directors, Drs. Shelley McMain and Shari Geller, are highly regarded, world-renowned experts in their fields. Through their leadership we offer high quality clinical education, an extremely rigorous learning culture and an exceptionally supportive community of practice.

### Key features include:

- **Specialized Training in DBT or EFT:** Develop comprehensive skills in Dialectical Behavior Therapy (DBT) or Emotion-Focused Therapy (EFT). Prior experience in these approaches is an asset.
- **Diverse Clinical Exposure:** Work with people challenged by emotional dysregulation, trauma, anxiety, depression, eating disorders, OCD and more. A caseload truly tailored to your learning goals.
- **Clinical Case Rounds:** Present clinical cases twice a year in monthly team discussions, receiving expert feedback.

✓ Monthly Lunch & Learn seminars

✓ Intimate small group consultation

✓ Co-facilitate a DBT Skills Group

✓ International expert-led training and a front row seat for the entire annual training series

✓ Full suite of administrative support

✓ On-Demand Clinical Resource Library



Residents must provide both in-person and virtual sessions. This one-year placement is designed to meet the requirements outlined by CPA's Standards for Doctoral and Residency Programs in Professional Psychology. We will be accepting applications until February 26th, 2026, and interviews will be held in March, 2026. If spots are not filled, we will continue to accept applications on a rolling basis.

Submit Application Materials to  
Dr. Bev Fredborg, Director of Training, at [bev@cmbh.ca](mailto:bev@cmbh.ca)