

Practicum Application Information Sheet

- ◆ **Name of Site:** Centre for MindBody Health (CMBH)
- ◆ **Supervisor or Contact Person:** Dr. Breanne Faulkner, CPsych (Director of Clinical Training)
- ◆ **Email:** info@cmbh.ca
- ◆ **Phone:** 416-855-2624
- ◆ **Address:** 505 Eglinton Ave W, Suite 200, Toronto, ON M5N 1B1 (located in mid-town Toronto)
- ◆ **Type of Practicum Offered:** Adult, Intervention
- ◆ There is the possibility of assessment and intervention, should an individual wish to gain experience in both; however, the primary focus of the practicum is treatment.

Please note that we are following the GTA Practicum Match Procedures.

General Information

- ◆ Dr. Shari Geller and Dr. Shelley McMain, both nationally and internationally recognized clinical psychologists and educators, launched the Centre for MindBody Health, a private practice in Midtown Toronto, in 2014. Their deep friendship and shared interests in psychological health, wellness, and community go back decades. It has fueled their commitment to bringing together a group of expert-trained clinicians providing the highest quality treatments.
- ◆ At CMBH, we are known for providing virtual and in-person psychotherapy services using evidence-based approaches, namely Dialectical Behavior Therapy (DBT), Emotion-Focused Therapy (EFT), Cognitive Behavioral Therapy (CBT), and Mindful Self-Compassion (MSC). We are also committed to continuously building upon our skills, ensuring our therapists remain at the forefront of psychotherapy advancements. Our commitment to excellence in psychotherapy and being the very best in our fields extends to our professional community as we offer exceptional trainings and workshops with international expert therapists and researchers.

Practicum Training Program

- ◆ Opportunity to learn individual psychotherapy and, where available, group-based DBT and/or individual EFT interventions
- ◆ Participation in small expert-led consultation teams in addition to regular individual supervision
- ◆ Opportunity to attend monthly lunch-and-learn seminars, workshops, and access to a library of recorded trainings led by international experts.

Both individual and group psychotherapy interventions are emphasized over the practicum year.

Important Information

- ◆ **Accessibility:** Our clinic is easily accessible by TTC. The closest stop is located in front of our building at Eglinton Ave. and Tarlton Rd. There is also Green P Parking along Eglinton Ave. or in the parking lot located at Burnaby Blvd. and Castle Knock Rd. The clinic is wheelchair accessible.
- ◆ **Scope:** CMBH welcomes applications from all applicants. Preference will be given to advanced practicum students who demonstrate interest or prior training in Dialectical Behavior Therapy (DBT) and/or Emotion-Focused Therapy (EFT).

Supervisors

Practicum students will receive individual supervision from

- ◆ Our Directors Dr. Shari Geller or Dr. Shelley McMain
- ◆ One of our Registered Psychotherapists or Psychologists including Dr. Nicole Dignard, Dr. Adam Iskrick, Dr. Sarah Hallett, or Dr. Nikan Eghbali

Application Materials

1. Letter of intent
2. Graduate transcript (unofficial)
3. Curriculum vitae
4. Two letters of references emailed to **info@cmbh.ca**

Interview Procedure

- ◆ We will conduct 2 Virtual Interviews.
- ◆ First-round interviews with Dr. Breanne Faulkner will occur in February and March, with selected candidates advancing to a second round.

Please prepare all materials (with the exception of reference letters) prior to submission and email them to CMBH at **info@cmbh.ca**. Please ask referees to email reference letters with the name of the applicant in the subject line as soon as possible by February 1st. If spots are not filled, we will continue to accept applications on a rolling basis.